

SOCIAL GROUPS

Kerrie's Knitting Group

Our knitting group meets weekly to knit items for donation to charitable organisations. Wool donations are greatly appreciated.

Enquiries: 9887 6226.

Tuesdays 1.00pm - 3.00pm \$2/week

Walking Group

Our group walks every week at different locations and meets at the House once a term for morning tea. Enquiries: 9887 6226.

Mondays 10.00am - 11.00am Free

Hungarian Group

Join this lovely group for Hungarian speakers and enjoy games, coffee and a chat.

Enquiries: 9887 6226.

Mondays 12.00pm – 3.00pm \$3/week

OTHER SERVICES

In addition to our classes and social / support groups, Kerrie provides a great range of other services including:

- Justice of the Peace services by appointment (**NEW**)
- Room hire
- Comfortable lounge area
- Free tea and coffee
- Free internet

CALD COMMUNITY DEVELOPMENT WORKER

We are proud to offer the services of our CALD (culturally and linguistically diverse) Community Development Worker, to members of the CALD community. Able to communicate in Mandarin, and English, our CALD Community Development Worker can be contacted via our office or at the following email address:

cdworker@knh.org.au

SUPPORT/SELF HELP GROUPS

Able Music Therapy

Music therapy for adults with an intellectual disability.

Enquiries: Felicia 0417 391 642

Wednesdays 3.30 – 6.30pm

Mums for Mums

This group offers support for mums who do not have extended family support in their lives. The group meets weekly.

Enquiries: 9887 6226.

Thursdays 9.30am – 12.30pm \$55/Term

Waverley Widowed Support Group

A support group for widows, widowers and those who have lost a partner.

Enquiries: Lesley 9725 6843 or Nonie 9802 2316

Wednesdays 7.30pm - 9.45pm

Kerrie Pioneer Group

A music group for people in wheelchairs or with special needs. New members welcome.

Enquiries: Tom 0400 506 884

Tuesdays 11.30am - 12.30pm \$3/week

OFFICE HOURS

Monday: 9.00am – 4.00pm

Tuesday: 9.00am – 4.00pm

Wednesday: 9.00am – 1.00pm

Thursday: 9.00am – 4.00pm

Friday: 9.00am – 1.00pm

Our office is closed public and school holidays

TECH SAVVY TUTORIALS

Free one-on-one introductory computer or BYO device training session

If you would like basic instruction on how to use a computer, the internet, email, operate a smartphone etc call us on 9887 6226 to make an appointment. We also have 2 computers, free WIFI and tea/coffee available in our comfortable lounge.

Mondays 11.30am – 12.30pm

by appointment 12.30am – 1.30pm

FREE



Kerrie Rd
Neighbourhood
House

CLASSES & COURSES

Term 1, 2020

28 January – 27 March

Kerrie Rd Neighbourhood House is a warm, friendly place where everyone is welcome. We provide opportunities for you to learn, exercise and socialise.

Just take a look at our term program! The tea and coffee are free and so is the internet in our comfortable lounge. Visit soon and see what else we have to offer.



Address: 36 Kincumber Drive,
Glen Waverley VIC 3150
Ph: 9887 6226

Email: info@knh.org.au

Website: www.knh.org.au

Facebook: Kerrie Neighbourhood House



CHILDREN'S ACTIVITIES

Art for Teenagers 12-18yrs

Mondays* 6.00pm – 8.00pm (2hrs)
03 Feb – 23 Mar 7 weeks \$125

Learn a variety of techniques and mediums from our fine arts qualified and experienced tutor. For high school students who are passionate about their art.

Kid's Art Masterclass Program 8-12yrs

Mondays* 3.45pm – 5.45pm (2hrs)
03 Feb – 23 Mar 7 weeks \$125

Progress to the next level in this advanced class.

Creative Painting & Drawing 5-12 yrs

Dates	Time	Fee
Mondays* 03 Feb–23 Mar	4.00–5.00pm (5-7yrs) 5.00–6.00pm (7+yrs)	\$80 7 wks
Tuesdays 28 Jan–24 Mar	4.00–5.00pm (5-12yrs) 5.00–6.00pm (5-12yrs)	\$105 9 wks
Wednesdays 29 Jan–25 Mar	4.00–5.00pm (7+yrs) 5.00–6.00pm (5-7yrs)	\$105 9 wks
Thursdays 30 Jan–26 Mar	4.00–5.00pm (7+yrs) 5.00–6.00pm (7+yrs)	\$105 9 wks

Kid's Pottery

Tuesdays 4.00pm – 5.00pm
28 Jan – 24 Mar 9 weeks \$180

Kid's Yoga and Creative Dance 5-12 yrs

Saturdays* 10.30am – 11.30am
01 Feb – 28 Mar 9 weeks \$105

Kerrie Neighbourhood House Playgroup

1 hour of structured activities between 10am and 11am
Thursdays 9.30am – 12.30pm
30 Jan – 26 Mar 9 weeks \$55/term

Chinese Mother's Group / Playgroup

Wednesdays 9.30am – 12.30pm
29 Jan – 25 Mar 9 weeks \$55/term

Japanese Mother's Group / Playgroup

Fridays 10.45am – 12.30pm
31 Jan – 27 Mar 9 weeks \$4/week

Enquires: Kae 0403 520 198

LANGUAGE CLASSES

French – Beginners

Wednesdays 1.30pm – 3.30pm
05 Feb – 25 Mar 8 weeks \$140

French – Intermediate

Tuesdays 1.00pm – 3.00pm
04 Feb – 24 Mar 8 weeks \$140

French – Conversation (Advanced)

Tuesdays 10.00am – 12.00pm
04 Feb – 24 Mar 8 weeks \$140

Italian Intermediate

Mondays* 6.00pm – 8.00pm
03 Feb – 23 Mar 7 weeks \$120

ARTS, CRAFTS & COOKING

Italian Cooking for Today

Tuesdays 6.00pm – 8.00pm
03 Mar – 24 Mar 4 weeks \$90
Additional \$25 ingredients fee to be paid direct to tutor

Painting & Drawing (Adults)

Tuesdays 1.00pm – 3.00pm
28 Jan – 24 Mar 9 weeks \$155

WHAT'S NEW IN TERM 1 "Something Chinesey"

Fridays 2.00pm – 3.00pm
28 Feb – 27 Mar 5 weeks \$40

It is a well-known fact that you can slow down the inevitable aging process by exercising your body and mind. This program is full of interesting, fun and positive activities that will give your mind and body a good workout! Open to all cultures. Call now to find out more.

Bookings essential. Call 9887 6226

SUMMER HOLIDAY ADULT EXERCISE AND CHILDREN'S PROGRAM

- ❖ Keep active and fit over the Summer Holiday break with our Summer Exercise Program
- ❖ Engage the children over the Summer Holiday break, we have a range of fun activities on offer.

Pick up a flyer or head to our website for more details

BODY & SOUL

Meditation

Dates	Time	Full fee
Thursdays 30 Jan – 26 Mar	7.00 – 8.30pm	\$135 9 wks

Pilates

Dates	Time	Full fee
Mondays* 03 Feb – 23 Mar	7.00 – 8.00pm 8.00 – 9.00pm	\$80 7 wks
Thursdays 30 Jan – 26 Mar	1.30 – 2.30pm	\$105 9 wks

Strength Training

Dates	Time	Full fee
Mondays* 03 Feb – 23 Mar	10.30 – 11.30am	\$80 7 wks
Wednesdays 29 Jan – 25 Mar	9.45 – 10.45am 11.00 – 12.00pm	\$105 9 wks
Fridays 31 Jan – 27 Mar	9.15 – 10.15am 9.30 – 10.30am	\$105 9 wks

Stretch and Stabilise

Dates	Time	Full fee
Mondays* 03 Feb – 23 Mar	11.45 – 12.45pm	\$80 7 wks

Yoga

Dates	Time	Full fee
Mondays* 03 Feb – 23 Mar	9.15 – 10.15am 10.30 – 11.30am	\$90 7 wks
Tuesdays 28 Jan – 24 Mar	9.15 – 10.15am 10.30 – 11.30am 7.45 – 8.45pm	\$115 9 wks
Thursdays # 30 Jan – 26 Mar	6.00 – 7.00pm 7.30 – 8.30pm	\$115 9 wks
Saturdays 01 Feb – 28 Mar	9.15 – 10.15am	\$115 9 wks

*Thursdays 7.00pm – 7.30pm \$40
Optional Extra - 30min Meditation Session after/before