

SOCIAL GROUPS

Kerrie's Knitting Group

Our knitting group meets weekly to knit items for donation to charitable organisations. Wool donations are greatly appreciated.

Enquiries: 9887 6226.

Tuesdays 1.00pm - 3.00pm \$2/week

Walking Group

Our group walks every week at different locations and meets at the House once a term for morning tea. Enquiries: 9887 6226.

Mondays 10.00am - 11.00am Free

Hungarian Group

Join this lovely group for Hungarian speakers and enjoy games, coffee and a chat.

Enquiries: 9887 6226.

Mondays 12.00pm – 3.00pm \$3/week

OTHER SERVICES

In addition to our classes and social / support groups, Kerrie provides a great range of other services including:

- Justice of the Peace services by appointment (**NEW**)
- Room hire
- Comfortable lounge area
- Free tea and coffee
- Free internet

CALD COMMUNITY DEVELOPMENT WORKER

We are proud to offer the services of our CALD (culturally and linguistically diverse) Community Development Worker, to members of the CALD community. Able to communicate in Mandarin, and English, our CALD Community Development Worker can be contacted via our office or at the following email address: cdworker@knh.org.au

SUPPORT/SELF HELP GROUPS

Kerrie Rd Neighbourhood House is home to several social and support groups. Come along and try a group today... Everyone is welcome!

Mums for Mums

This group offers support for mums who do not have extended family support in their lives. The group meets weekly.

Enquiries: 9887 6226.

Thursdays 9.30am – 12.30pm \$55/Term

Waverley Widowed Support Group

A support group for widows, widowers and those who have lost a partner.

Enquiries: Lesley 9725 6843 or Nonie 9802 2316

Wednesdays 7.30pm - 9.45pm

Kerrie Pioneer Group

A music group for people in wheelchairs or with special needs. New members welcome.

Enquiries: Tom 0400 506 884

Tuesdays 11.30am - 12.30pm \$3/week

OFFICE HOURS

Monday: 9.00am – 4.00pm

Tuesday: 9.00am – 4.00pm

Wednesday: 9.00am – 1.00pm

Thursday: 9.00am – 4.00pm

Friday: 9.00am – 1.00pm

Our office is closed public and school holidays

TECH SAVVY TUTORIALS

Free one-on-one introductory computer or BYO device training session

If you would like basic instruction on how to use a computer, the internet, email, operate a smartphone etc call us on 9887 6226 to make an appointment. We also have 2 computers, free WIFI and tea/coffee available in our comfortable lounge.

Mondays 11.30am – 12.30pm

by appointment 12.30am – 1.30pm

FREE



Kerrie Rd
Neighbourhood
House

CLASSES & COURSES

Term 2, 2020

14 April – 26 June

Kerrie Rd Neighbourhood House is a warm, friendly place where everyone is welcome. We provide opportunities for you to learn, exercise and socialise.

Just take a look at our term program! The tea and coffee are free and so is the internet in our comfortable lounge. Visit soon and see what else we have to offer.



Address: 36 Kincumber Drive,
Glen Waverley VIC 3150

Ph: 9887 6226

Email: info@knh.org.au

Website: www.knh.org.au

Facebook: Kerrie Neighbourhood House



CHILDREN'S ACTIVITIES

Art for Teenagers 12-18yrs

Mondays* 6.00pm – 8.00pm (2hrs)
20 Apr – 22 Jun 9 weeks \$105

Learn a variety of techniques and mediums from our fine arts qualified and experienced tutor. For high school students who are passionate about their art.

Kid's Art Masterclass Program 8-12yrs

Mondays* 3.45pm – 5.45pm (2hrs)
20 Apr – 22 Jun 9 weeks \$165

Progress to the next level in this advanced class.

Creative Painting & Drawing 5-12yrs

Dates	Time	Fee
Mondays* 20 Apr–22 Jun	4.00–5.00pm (5-7yrs) 5.00–6.00pm (7+yrs)	\$105 9 wks
Tuesdays 14 Apr–23 Jun	4.00–5.00pm (5-12yrs) 5.00–6.00pm (5-12yrs)	\$125 11 wks
Wednesdays 15 Apr–24 Jun	4.00–5.00pm (7+yrs) 5.00–6.00pm (5-7yrs)	\$125 11 wks
Thursdays 16 Apr–25 Jun	4.00–5.00pm (7+yrs) 5.00–6.00pm (7+yrs)	\$125 11 wks

Develop your child's creativity in a relaxed and friendly environment with the support of our experienced tutors. Students will learn a variety of techniques and mediums including pastels, paints and pencil. A materials kit also needs to be purchased prior to your child attending their first class. The kit will last several terms: **Cost \$35**

Kid's Pottery (5-12yrs)

Tuesdays 4.00pm – 5.00pm
21 Apr – 23 Jun 10 weeks \$200

Kerrie Neighbourhood House Playgroup

1 hour of structured activities between 10am and 11am
Thursdays 9.30am – 12.30pm
16 Apr – 25 Jun 11 weeks \$60/term

Chinese Mother's Group / Playgroup

Wednesdays 9.30am – 12.30pm
15 Apr – 24 Jun 11 weeks \$60/term

Japanese Mother's Group / Playgroup

Fridays 10.45am – 12.30pm
17 Apr – 26 Jun 11 weeks \$4/week
Enquires: glenwaverleyjapaneseplaygroup@gmail.com

LANGUAGE CLASSES

Italian – Intermediate

Mondays 6.00pm – 8.00pm
20 Apr – 15 Jun 8 weeks \$140

Already know some Italian? Do you want to learn more about the people, country and culture? Planning a trip? Learn from our native Tutor who is a frequent traveller to Italy.

French – Conversation (Advanced)

Tuesdays 10.00pm – 12.00pm
21 Apr – 23 Jun 10 weeks \$170

French – Intermediate

Tuesdays 1.00pm – 3.00pm
21 Apr – 23 Jun 10 weeks \$170
Wednesdays 1.20pm – 3.20pm
22 Apr – 24 Jun 10 weeks \$170

Already know some French but want to improve your vocabulary, grammar, and conversation? Our tutor, Isabelle, was born and raised in France, and can give you the skills to speak confidently and take your French to the next level.

ARTS, CRAFTS & COOKING

Italian Cooking for Today

Tuesdays 6.00pm – 8.00pm
02 Jun – 23 Jun 4 weeks \$90
Additional \$25 ingredients fee to be paid direct to tutor.

No experience required, just roll up your sleeves and come give it a go!

Painting & Drawing (Adults)

Tuesdays 1.00pm – 3.00pm
21 Apr – 23 Jun 10 weeks \$170

Create, relax and enjoy learning the basics of drawing, water colour & acrylic painting & pastels or come along & work on your own individual projects.

BODY & SOUL



FREE BLOOD PRESSURE CHECK

This 5 minute health check includes a blood pressure check and stroke & type 2 diabetes risk assessment. Participants are emailed their personal results and relevant health recommendations. No bookings required.

Friday 15 May	10.30am-1.00pm
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BODY & SOUL

Pilates

Dates	Time	Full fee
Mondays* 20 Apr – 22 Jun	8.30 – 9.30pm	\$105 9 wks
Thursdays 16 Apr – 25 Jun	1.30 – 2.30pm	\$130 11 wks

Strength Training

Dates	Time	Full fee
Mondays* 20 Apr – 22 Jun	10.30 – 11.30am	\$105 9 wks
Wednesdays 15 Apr – 24 Jun	9.45 – 10.45am 11.00 – 12.00pm	\$130 11 wks
Fridays 17 Apr – 26 Jun	9.15 – 10.15am 9.30 – 10.30am	\$130 11 wks

Build strength, tone your muscles, improve your balance, and increase your energy and fitness levels with these low impact classes that use weights, fit-balls and more. Suitable for men and women of all ages and abilities.

Yoga

Dates	Time	Full fee
Mondays* 20 Apr – 22 Jun	2 Classes 9.15 – 10.15am 10.30 – 11.30am	\$115 9 wks
Tuesdays 14 Apr – 23 Jun	9.15 – 10.15am 10.30 – 11.30am 7.45 – 8.45pm	\$140 11 wks
Thursdays # 16 Apr – 25 Jun	6.00 – 7.00pm 7.30 – 8.30pm	\$140 11 wks
Saturdays* 18 Apr – 27 Jun	9.15 – 10.15am	\$125 10 wks

Looking to improve your physical and emotional well-being? Join one of our yoga classes and improve stress levels, flexibility and balance with the help of our wonderful and fully qualified yoga instructors.

#Thursdays 7.00pm – 7.30pm \$40
Optional Extra - 30min Meditation Session after/before Thursday Yoga Classes

***No classes will be held on Saturday 6th June and Monday 8th June (Queen's Birthday, public holiday)**