

SOCIAL & SUPPORT GROUPS

Hungarian Group Monday 12:00pm-3:00pm 01 Feb-29 Mar \$3 pw
Join this lovely group for Hungarian speakers to enjoy games, coffee and a chat.

Kerrie's Knitting Group Tuesday 1:00pm-3:00pm 02 Feb-30 Mar \$2 pw
Our knitting group meets weekly to knit items for donation to charitable organisations. *Wool donations are greatly appreciated.*

Kerrie Pioneer Group Tuesday 11:30am-12:30pm 02 Feb-30 Mar \$3 pw
A music group for people in wheelchairs or with special needs. New members welcome. *All enquiries to Tom on 0400 506 884.*

Mums for Mums Thursday 9:30am-12:30pm 28 Jan-01 Apr 10wks \$60
This group offers support for mums who do not have extended family support in their lives.

Walking Group Monday 10:00am-11:00am **Free**
Our group walks every week at different locations and meets at the House once a term for morning tea.

Waverley Widowed Support Group Wednesday 7:30pm-9:45pm
A support group for widows, widowers and those who have lost a partner. *All enquiries to Lesley on 9725 6843 or Naomi (Noni) on 9802 2316*

OTHER SERVICES

We also provide a great range of other services including:

- Justice of the Peace services by appointment only
- Room hire
- Comfortable lounge area
- Free tea and coffee
- Free internet

TECH SAVVY TUTORIALS Monday 11:30am **OR** 12:30pm

Sessions run for 1 hour and are by appointment only

FREE one-on-one introductory computer or BYO device training session.
If you would like basic instructions on how to use a computer, the internet, email, operate a smartphone etc., call the office to make an appointment.

OFFICE HOURS

Monday, Tuesday & Thursday 9am to 4pm

Wednesday & Friday 9am to 1pm

Our office is closed on public and school holidays.



Kerrie Rd Neighbourhood House



Kerrie Rd Neighbourhood House front entrance

Term 1 2021

28 January – 01 April

***No classes on Monday 8th March (Labour Day)**

"Due to an extension in Government support, we are pleased to be able to offer a 25% discount on all Term 1 class enrollments. Thank you for continuing to be a part of our community."

36 Kincumber Drive, Glen Waverley

Phone: 9887 6226

Email: info@knh.org.au

Website: www.knh.org.au

www.facebook.com/kerrierdnh



CHILDREN'S PROGRAMS

Creative Painting & Drawing for 5-12 years - These classes run for 1 hour

Develop your child's creativity in a relaxed and friendly environment with the support of our experienced tutors. Students will learn a variety of techniques and mediums, including pastels, paints and pencil. An art materials kit will need to be purchased, prior to your child's first class, the kit will last several terms and is an additional cost **of \$35.00.**

Monday	4:00pm for 5-7yrs	01 Feb-29 Mar	*8wks	\$90
	5:00pm for 7+yrs	01 Feb-29 Mar	*8wks	\$90
Tuesday	4:00pm for 5-12yrs	02 Feb-30 Mar	9 wks	\$105
	5:00pm for 5-12yrs	02 Feb-30 Mar	9 wks	\$105
Wednesday	4:00pm for 7+yrs	03 Feb-31 Mar	9wks	\$105
	5:00pm for 5-7yrs	03 Feb-31 Mar	9wks	\$105
Thursday	4:00pm for 7+yrs	28 Jan-01 Apr	10wks	\$115
	5:00pm for 7+yrs	28 Jan-01 Apr	10wks	\$115

Kids Art Masterclass Program for 8-12 years

Progress to the next level in this advanced class.

Monday	3:45pm-5:45pm	01 Feb-29 Mar	*8wks	\$145
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Kids Pottery – 8-12 years – SEEMA IS BACK!

A fun and interactive program, exploring the medium of clay, get your hands dirty, and learn different techniques of hand building pottery. A new project each week!

Tuesday	4:00pm-5:00pm	02 Feb-30 Mar	9wks	\$180
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Homework Club – for Primary School aged child - NEW!

A place to complete their homework with support from tutors in a friendly space free from distractions (like gaming devices). Tutors support students to develop positive homework habits. A healthy afterschool snack will be provided. Students must be signed in and out by parent/guardian.

Wednesday	4:00pm-5:30pm	10 Feb-31 Mar	8wks	\$75
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Kids Yoga – 5-12 years – NEW!

Improve your child's physical, social, emotional and mental wellbeing, as well as their focus and concentration. A fun class that incorporates music, games, stories, relaxation and visualization, meditation and more!

Saturday	10.30-11.30am	06 Feb-27 Mar	*8wks	\$90
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PLAYGROUPS

Kerrie Neighbourhood House Playgroup (Multicultural)

1 hour of structured activities between 10am and 11am

Thursday	9:30am-12:30pm	28 Jan-01 Apr	10wks	\$60
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Japanese Mother's Group / Playgroup

Friday	10:45am-2:30pm	29 Jan-26 Mar	9wks	\$4pw
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All enquires to glenwaverleyjapaneseplaygroup@gmail.com

CALD COMMUNITY DEVELOPMENT WORKER

We are proud to offer the services of our CALD (culturally and linguistically diverse) Community Development Worker, to members of the CALD community. Able to communicate in Mandarin and English. Contact our CALD CD Worker via our office or at the following email address cdworker@knh.org.au

COOKING & ART FOR ADULTS

Italian Cooking

No experience required. Additional \$25 for ingredients payable to tutor.

Tuesdays	6:00pm-8:00pm	09 Mar-30 Mar	4wks	\$90
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Painting & Drawing for Adults

Create, relax & enjoy learning the basics of drawing, watercolours, acrylics & pastels or come along & work on your own individual projects.

Tuesdays	1:00pm-3:00pm	02 Mar-30 Mar	9wks	\$155
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HEALTH & WELLBEING

Build strength, tone your muscles, improve your balance, and fitness levels with these low impact classes that use weights, fit-balls and more.

Pilates

Monday	7.30pm	01 Feb-29 Mar	*8wks	\$100
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Strength Training

Monday	10:30am	01 Feb-29 Mar	*8wks	\$100
Wednesday	9:45am or 11:00am	03 Feb-31 Mar	9wks	\$110
Friday	9:15am or 9:30am	29 Jan-26 Mar	9wks	\$110

Yoga

Want to improve your physical and emotional well-being? Join one of our yoga classes and improve stress levels, flexibility and balance.

Monday	9:15am or 10:30am	01 Feb-29 Mar	*8wks	\$100
Tuesday	9:15am or 10:30am or 7:45pm	02 Feb-30 Mar	9wks	\$115

Thursday*	6:00pm or 7:30pm	28 Jan-01 Apr	10wks	\$125
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*Optional add on - 30min Meditation Session after/before Thursday Yoga, \$40.

Meditation only \$60.

Thursday*	7:00pm	28 Jan-01 Apr	10wks	*\$40
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Saturday	9:15am	06 Feb-27 Mar	8wks	\$100
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LANGUAGES

Already know some French but want to improve? Our tutor, Isabelle, was born and raised in France and can give you the skills to speak confidently.

French – Conversation (Advanced)

Tuesday	10:00am-12:00pm	02 Feb-30 Mar	9wks	\$155
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French – Intermediate

Tuesday	1:00pm-3:00pm	02 Feb-30 Mar	9wks	\$155
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French – Intermediate

Wednesday	1:30pm-3:30pm	03 Feb-31 Mar	9wks	\$155
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Italian – Intermediate (students to purchase textbook "Ci Siamo")

Already know some Italian? Want to learn more about the people, country and culture? Learn from our native Tutor.

Monday	6:00pm-8:00pm	08 Feb-29 Mar	*7wks	\$120
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