KERRIE RD NEIGHBOURHOOD HOUSE IS A PROUDLY INDEPENDENT NOT FOR PROFIT COMMUNITY ORGANISATION



REGISTER ONLINE

knh.org.au or scan the QR code

REGISTER IN PERSON

Call or visit the office to book & make payment Booking T&C's can be found on our website

OFFICE HOURS

Monday, Tuesday & Thursday: 9.00am - 4.00pm

Wednesday & Friday: 9.00am - 1.00pm

Office closed: School & Public Holidays



Kerrie Rd Neighbourhood House is home to the following groups & organisations. For more information on their activities please contact the organisations directly.

Bipolar Life Victoria (Meets 7.30pm 4th Tuesday of the month)

The Glen Waverley Bipolar Support Group is for women with Bipolar Disorder. amanda.cops@mhfa.org.au | www.bipolarlife.org.au/glen-waverley | 8825 3506

Ikebana with Akemi (Fridays 10-11.30am)

ikebanaakemi.wixsite.com/mysite

<u>Japanese Playgroup</u> (Fridays 11am-1pm during school term)

Fun & welcoming parent run Japanese language and cultural playgroup.

glenwaverleyjapaneseplaygroup@gmail.com

Mirror Drama

Mirror Drama Studio is dedicated to offering professional art training programs across various fields, including drama performance, language hosting, vocal music, English public speaking, and dubbing. rachel.fuyuge@gmail.com | 0498 183 332

Sai Organisation (Sundays 10-12pm)

Sri Sathya Sai Spiritual Education (SSSSE) for children

www.sai.org.au | saicentre.waverley@sai.org.au

Waverley Widow Support Group (Meets Wednesdays 7.30pm)

A social support group for those who have lost a partner. Occasional guest speakers & social outings. For further details please contact: Lesley 9725 6843 or Nonie 9802 2316











TERM 4 PROGRAM 6 OCTOBER - 12 DECEMBER 2025















36 KINCUMBER DRIVE GLEN WAVERLEY 3150

9887 6226 | info@knh.org.au | knh.org.au

(a) kerrierdneighbourhoodhouse (f) kerrierdnh





MONDAY

NO CLASSES 3 NOVEMBER

Gentle Yoga with Angela

9.15am - 10.15am

FF \$160; C \$150

HATHA YOGA

Mindful Hatha with Martina

10.30am - 11.30am

CHAIR YOGA with Martina

11.45am - 12.45pm

COMMUNITY SAFETY MONTH

Staying safe online.

NEED HELP?

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OFFICE FOR ASSISTANCE

WITH YOUR APPLICATION

BOOK NOW

CALL 9887 6226



THURSDAY 23 OCTOBER 2025 1.30 - 2.30PM

Scams and fraud impacts millions of Australians and the problem is growing. Come along to this free Staying Safe Online seminar resented by the Commonwealth Bank.

★ BOOKINGS ESSENTIAL ★

Want to learn more about your smartphone or tablet?



FREE CLASSES Be Connected COMING IN TERM 4

HATHA YOGA

6 October - 15 Dec (10wks)

6 October - 15 Dec (10wks)

FF \$160; C \$150

6 October - 15 Dec (10wks)

FF \$160; C \$150

SPANISH: INTERMEDIATE

6 October - 8 December (9wks) 1.30pm - 3.30pm

FF \$180; C \$170

BEGINNER SALSA with Ana

6 October - 8 December (9wks)

FF \$145; C \$135

YOUNG CREATORS

Art with Fathima

6 October - 8 December (9wks)

4pm - 5pm (Ages 6-8)

5.05pm - 6.05pm (Ages 9-13)

Cost \$135

ART 101: ART FOR BEGINNERS

with Christine

6 October - 8 December (9wks)

FF \$175; C \$165

TUESDAY

CLASS SCHEDULE TERM 4 2025 🎉

NO CLASSES 4 NOVEMBER

SLOW FLOW YOGA

with Nicky

7 October - 16 December (10wks)

9.15am - 10.15am

10.30am - 11.30am

FF \$160; C \$150

FRENCH CONVERSATION with Isabelle

7 October - 9 December (9wks)

10am - 12pm

FF \$190; C \$180



FRENCH: BEGINNER PLUS

with Isabelle

7 October - 9 December (9wks)

1pm - 3pm

FF \$190; C \$180

KNIT & KNATTER

7 October - 9 December (9wks)

12.30pm - 2.30pm

\$3 per session

SIMPLY ART

with Christine

7 October - 9 December (9wks)

1pm - 3pm

FF \$175; C \$165

YIN YANG YOGA with Yvonne

7 October - 16 December (10wks)

6pm - 7pm

7.15pm - 8.15pm

FF \$160; C \$150

WEDNESDAY

STRENGTH CLASS

Strong & Active with Pauline

8 October - 17 Dec (11wks)

9.45am - 10.45am

FF \$175; C \$165

STRENGTH CLASS

Steady & Strong with Pauline

8 October - 17 Dec (11wks)

FF \$175; C \$165



QIGONG with Vickie

Mind Body Movement

8 October - 10 Dec (10wks)

1.00pm - 2.00pm

FF \$160; C \$150



MINI CHEF

Cooking Class (8-13yrs)

8 October - 26 Nov (8wks)

4pm - 5pm

Cost \$160

CONCESSION (C) APPLICABLE TO HOLDERS OF A HEALTHCARE

CARD OR PENSIONER

CONCESSION CARD

MAT PILATES with Pearl

THURSDAY

9 October - 11 Dec (10wks)

9.30am - 10.30am

10.30am - 11.30am

FF \$160; C \$150

PLAYGROUP FUN

6mths-4yrs

9 October - 11 Dec (10wks)

9.30am - 11.30am

Term \$35 per family



SAVOUR THE WORLD

Cooking Classes with Edna

9 - 30 October (4wks)

12.00pm - 1.30pm

Indian, Middle Eastern

Italian & Asian

Cost \$10 per class

YOUNG CREATORS Art with Mary

9 October - 11 Dec (10wks)

4pm - 5pm (Ages 6-8)

5.05pm - 6.05pm (Ages 8-12)

Cost \$150



FRIDAY

STRENGTH CLASS

Steady & Strong with Pauline

10 October - 12 Dec (10wks)

9.15am - 10.15am

FF \$160: C \$150

JAPANESE PLAYGROUP

10 October - 12 Dec (10wks)

11.00am - 1.00pm

\$4 per session



Global Cooking Journey

Thursday 9, 16, 23, 30 October Cost \$10 per session









