

TUESDAY NO CLASSES 4 NOVEMBER

NO CLASSES 3 NOVEMBER

Gentle Yoga with Angela

9.15am - 10.15am

FF \$160; C \$150

HATHA YOGA

Mindful Hatha with Martina

6 October - 15 Dec (10wks) 10.30am - 11.30am

FF \$160; C \$150

CHAIR YOGA with Martina

6 October - 15 Dec (10wks)

11.45am - 12.45pm

FF \$160; C \$150

COMMUNITY SAFETY MONTH

Staying safe online.

NEED HELP?

BOOK A TIME WITH THE

OFFICE FOR ASSISTANCE

WITH YOUR APPLICATION

BOOK NOW 🔊

CALL 9887 6226



THURSDAY 23 OCTOBER 2025 1.30 - 2.30PM

Scams and fraud impacts millions of Australians and the problem is growing. Come along to this free Staying Safe Online seminar presented by the Commonwealth Bank.

★ BOOKINGS ESSENTIAL ★

Be Connected

Want to learn more about your smartphone or tablet?



FREE CLASSES

COMING IN TERM 4

MONDAY

HATHA YOGA

6 October - 15 Dec (10wks)

SPANISH: INTERMEDIATE

6 October - 8 December (9wks)

1.30pm - 3.30pm

FF \$180; C \$170

BEGINNER SALSA with Ana

6 October - 8 December (9wks)

FF \$145; C \$135

YOUNG CREATORS

Art with Fathima

6 October - 8 December (9wks)

4pm - 5pm (Ages 6-8)

5.05pm - 6.05pm (Ages 9-13)

Cost \$135

ART 101: ART FOR BEGINNERS

with Christine

6 October - 8 December (9wks)

FF \$175; C \$165

with Nicky

7 October - 16 December (10wks)

SLOW FLOW YOGA

9.15am - 10.15am

CLASS SCHEDULE TERM 4 2025 🎉

10.30am - 11.30am

FF \$160; C \$150

FRENCH CONVERSATION with Isabelle

7 October - 9 December (9wks)

10am - 12pm

FF \$190; C \$180



FRENCH: BEGINNER PLUS with Isabelle

7 October - 9 December (9wks)

1pm - 3pm

FF \$190; C \$180

KNIT & KNATTER

7 October - 9 December (9wks)

12.30pm - 2.30pm

\$3 per session

SIMPLY ART

with Christine

7 October - 9 December (9wks)

1pm - 3pm

FF \$175; C \$165

YIN YANG YOGA with Yvonne

7 October - 16 December (10wks)

6pm - 7pm

7.15pm - 8.15pm

FF \$160; C \$150

WEDNESDAY

STRENGTH CLASS

Strong & Active with Pauline

8 October - 17 Dec (11wks)

9.45am - 10.45am

FF \$175; C \$165

STRENGTH CLASS

Steady & Strong with Pauline

8 October - 17 Dec (11wks)

FF \$175; C \$165



QIGONG with Vickie

Mind Body Movement

8 October - 10 Dec (10wks)

1.00pm - 2.00pm

FF \$160; C \$150



MINI CHEF

Cooking Class (8-13yrs)

8 October - 26 Nov (8wks)

4pm - 5pm

Cost \$160



CONCESSION (C) APPLICABLE TO HOLDERS OF A HEALTHCARE

CARD OR PENSIONER

CONCESSION CARD

THURSDAY

MAT PILATES with Pearl

9 October - 11 Dec (10wks)

9.30am - 10.30am

10.30am - 11.30am

FF \$160; C \$150

PLAYGROUP FUN

6mths-4yrs

9 October - 11 Dec (10wks)

9.30am - 11.30am

Term \$35 per family Casual \$5 per session



12.00pm - 1.30pm

Italian & Asian

Cost \$10 per class

Art with Mary

9 October - 11 Dec (10wks)

4pm - 5pm (Ages 6-8)

5.05pm - 6.05pm (Ages 8-12)

Cost \$150



FRIDAY

STRENGTH CLASS Steady & Strong with Pauline

10 October - 12 Dec (10wks)

9.15am - 10.15am

FF \$160: C \$150

JAPANESE PLAYGROUP

10 October - 12 Dec (10wks)

\$4 per session



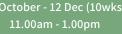
SAVOUR THE WORLD

Cooking Classes with Edna 9 - 30 October (4wks)

Indian, Middle Eastern

YOUNG CREATORS







Global Cooking Journey Thursday 9, 16, 23, 30 October

Cost \$10 per session



NEW WORKSHOPS

