

KERRIE RD NEIGHBOURHOOD HOUSE IS A PROUDLY INDEPENDENT NOT FOR PROFIT COMMUNITY ORGANISATION

TERM 3 PROGRAM

13 JULY - 18 SEPTEMBER 2026

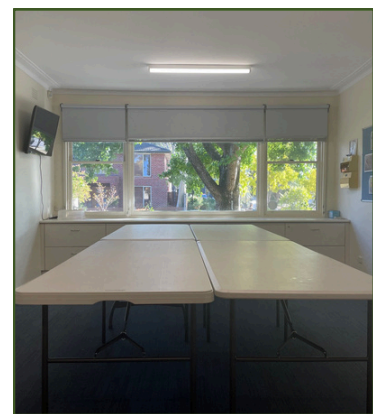


LOOKING FOR A ROOM TO HIRE?

With three rooms available for hire, our venue is well suited to host meetings, workshops, community groups, cultural activities, playgroups, fitness classes and other events. Facilities include a kitchen, playground and free Wi-Fi.

For more details and pricing, visit our [website](#), scan the QR code or get in touch with us directly. Rooms can be hired during the following hours:

- Monday - Friday: 8:15am – 10:00pm
- Saturday: 8:00am – 5:00pm
- Sunday: 9:00am – 5:00pm



WHAT MAKES OUR COMMUNITY SPECIAL?

"My son really enjoys the cooking class! It helped build his confidence and encouraged him to try new foods. It's also been great for his independence - he tried to cook by himself at home, and he feels so proud when he can do it on his own. The class is very inclusive, and my son feels welcomed and accepted there"

"Today felt so special. One hot, delicious & nutritious, meal put so many smiles on all the Playgroup parents faces. Thank you for creating an environment where we can flourish"

"I love Yoga, the sense of community, love the place!"

"I have worked here, I have taught here, and learned here. In a world where community is diminishing this place is a priceless resource to keep community alive"

"It gives a group of ladies the opportunity to meet once a week to knit (and natter!) for charity. It's very necessary socially"

"It's a great place for community groups to gather. Some people have no other way to connect - it's great!"

"Super friendly with a great range of activities to help our family feel like there is a community village feel"

"My neighbourhood house has given me long term employment, friendship, community, fun & lots of laughter - so good for the soul"

"Social connection, creative activity, fitness and local support help prevent boredom & stagnation. This is essential to enjoyment & a meaningful life."

JOIN ONE OF OUR ACTIVITIES & EXPERIENCE OUR COMMUNITY FOR YOURSELF!

MONDAY

HATHA YOGA

with Angela
13 July - 14 Sept (10wks)
9.15am - 10.15am
10.30am - 11.30am
FF \$165; C \$155

CHAIR YOGA

with Martina
13 July - 14 Sept (10wks)
10.00am - 11.00am
FF \$165; C \$155

SPANISH FOR BEGINNERS

Simple Spanish for Everyone
13 July - 14 Sept (10wks)
2.00pm - 4.00pm
FF \$205; C \$195

SPANISH BEGINNER PLUS

with Ana
13 July - 14 Sept (10wks)
4.00pm - 6.00pm
FF \$205; C \$195

YOUNG CREATORS

Art with Fathima
13 July - 14 Sept (10wks)
4.00pm - 5.00pm (Ages 6-8)
5.05pm - 6.05pm (Ages 9-13)
Cost \$155

ART 101: ART FOR BEGINNERS

with Christine
13 July - 14 Sept (10wks)
7.00pm - 9.00pm
FF \$205; C \$195

TUESDAY

SLOW FLOW YOGA

with Nicky
14 July - 15 Sept (10wks)
9.15am - 10.15am
10.30am - 11.30am
FF \$165; C \$155

FRENCH CONVERSATION

14 July - 15 Sept (9wks)
No class 25/8
10.00am - 12.00pm
FF \$190; C \$180

KNIT & KNATTER

14 July - 15 Sept (10wks)
12.30pm - 2.30pm
\$5 per session

SIMPLY ART WITH CHRISTINE

14 July - 15 Sept (10wks)
No class 9 June
1.00pm - 3.00pm
FF \$205; C \$195

FRENCH: BEGINNER PLUS

with Isabelle
14 July - 15 Sept (9wks)
No class 25/8
1.00pm - 3.00pm
FF \$190; C \$180

FLOW YOGA WITH YVONNE

14 July - 15 Sept (10wks)
6.00pm - 7.00pm
7.15pm - 8.15pm
FF \$165; C \$155

WEDNESDAY

STRENGTH CLASS

with Pauline
15 July - 16 Sept (10wks)
9.45am - 10.45am
11.00am - 12.00pm
FF \$165; C \$155

QIGONG WITH VICKIE

15 July - 16 Sept (9wks)
No class 22 July
1.00pm - 2.00pm
FF \$150; C \$140

MINI CHEF

Children's Cooking Class (8+)
15 July - 26 August (7wks)
4.00pm - 5.00pm
Cost \$145

THURSDAY

PLAYGROUP FUN

with Susanne
16 July - 17 Sept (10wks)
9.30am - 11.30am
Term \$50 or \$10 Casual

MAT PILATES

with Pearl
16 July - 17 Sept (10wks)
9.30am - 10.30am
10.30am - 11.30am
FF \$165; C \$155

FRIDAY

STRENGTH CLASS

with Pauline
17 July - 18 Sept (10wks)
9.15am - 10.15am
FF \$165; C \$155

JAPANESE PLAYGROUP

日本語であそぼう
17 July - 18 Sept (10wks)
11.00am - 1.00pm
\$5 per session



OFFICE HOURS

Monday, Tuesday & Thursday

9.00am - 4.00pm

Wed & Friday 9.00am - 1.00pm

The office is closed during School holidays & Public Holidays



CONCESSION

HealthCare Card
Low Income or
Pensioner
Concession Card

REGISTER FOR AN ACTIVITY

Visit knh.org.au or scan the QR code
or call/visit our office.



MID-AUTUMN FESTIVAL
MOONCAKE & LANTERN MAKING
CHILDREN'S WORKSHOP



FREE Tuesday 15 Sept 4-6pm
Bookings open late August



JOIN US!

Coffee, Community, Connection
Conversation

THURSDAYS
10AM - 11.30AM



SMART CHOICES
UNDERSTANDING FOOD
LABELLING IN AUSTRALIA

THURSDAY 6 AUGUST
1.30-2.30PM

FREE



CARER PAYMENTS,
ALLOWANCES & DISABILITY
SUPPORT PENSION

THURSDAY 10 SEPTEMBER
1.30 - 2.30PM

FREE



YOUNG CREATORS

Art with Mary
16 July - 17 Sept (10wks)
4.00pm - 5.00pm (Ages 6-8)
5.05pm - 6.05pm (Ages 8-12)
Cost \$155

STRONG FLOW YOGA

with Yvonne
16 July - 17 Sept (10wks)
6.45pm - 7.45pm
FF \$165; C \$155



FREE

AMBULANCE VICTORIA
Community Session for Parents
& Caregivers of young children

THURSDAY 30 JULY
11.30 - 12PM



AI LITERACY WORKSHOP
人工智能素养研讨会

8月20日, 星期四
下午1点至4点

FREE